



TALKING DADS

**Dads, Step-Dads,
Stay at home Dads,
Working Dads...**

WEDNESDAYS

**16th, 23rd, 30th September and
7th, 14th, 21st October 2020
8.00pm - 9.15pm**



Dads play an important role in a child's life. This FREE ONLINE COURSE will help you be the Dad you want to be!

Over 6 weekly sessions, fathers and male carers of children aged 0-19 will be supported to:

- Increase confidence in your parenting.
- Develop your dad/child relationship, now and for the future.
- Improve listening and communication skills.
- Develop strategies for dealing with anger and conflict.
- Learn how to enforce boundaries.

AN ONLINE PARENTING COURSE DELIVERED TO YOUR HOME VIA ZOOM



Full details on how to access and use this will be offered.

OPEN TO PARENTS AND CARERS ACROSS HERTFORDSHIRE

Pre-booking essential

To check eligibility and book a place, contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

**www.supportinglinks.co.uk
QUOTING REFERENCE SL396**



This course is provided free to parents by Hertfordshire County Council