

COURSES FOR Parents of Children with Additional Needs



TALKING FAMILIES for Additional Needs: 2-12yrs
Tuesdays 9.45 - 11.15am ONLINE ID:597

12th, 19th, 26th September, 3rd, 10th & 17th October 2023



TALKING ADDITIONAL NEEDS: 2-19yrs

Wednesdays 8.00 - 9.30pm ONLINE ID:595

13th, 20th, 27th September, 4th, 11th & 18th October 2023



Tuesdays 9.30 - 11.30am @ St Albans Fire Station ID:596

31st October, 7th, 14th, 21st, 28th November & 5th December 2023



**Free 6-week courses for
parents and carers of children
with additional needs.**

Diagnosis is not required.

We will help you to:

- **Understand your child's behaviour.**
- **Develop strategies that really work.**
- **Reduce conflict, anger and arguments.**
- **Improve Emotional Regulation**
- **Explore sensory needs.**
- **Motivate, encourage and support your child.**
- **Increase your child's resilience.**
- **Manage the different needs within your family.**

**OPEN TO PARENTS AND
CARERS ACROSS
HERTFORDSHIRE**

'I have been on a few courses to help me with my son, this was by far the most helpful.'

Booking essential

Please quote the course ID

**To check eligibility and book a place,
contact Supporting Links on:**

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk



These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund

