

COURSES FOR DADS

Talking Families For Dads of children 0-12yrs

Wednesdays 7.45 - 9.15pm ID 602

13th, 20th, 27th September, 4th, 11th & 18th October 2023

Talking Dads: For Dads of children 12-19yrs

Tuesdays 7.45 - 9.15pm ID 606

31st October, 7th, 14th, 21st, 28th November & 5th December 2023

A FREE 6-week course for fathers and male carers to be supported to:

- **Increase confidence in your parenting.**
- **Develop your dad/child relationship, now and for the future.**
- **Improve listening and communication skills.**
- **Develop strategies for dealing with anger and conflict.**
- **Learn how to enforce boundaries.**

"The course has given me the confidence to know that I can break out of the cycle and make things different for my child."



**PARENTING COURSES
DELIVERED TO YOUR
HOME VIA ZOOM**

**OPEN TO PARENTS AND
CARERS ACROSS
HERTFORDSHIRE**

Booking essential

Please quote the course ID
To check eligibility and book a place,
contact Supporting Links on:

07512 709556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk



This course is provided free to parents by
Hertfordshire County Council's
Targeted Parenting Fund