



# TALKING DADS

**Dads, Step-Dads,  
Stay at home Dads,  
Working Dads...**



**Wednesday 7.45-9.15pm**  
**6th, 13th, 20th, 27th Jan**  
**3rd, 10th Feb 2021**  
**Course ID 419**

**Wednesday 7.45-9.15pm**  
**24th Feb, 3rd, 10th, 17th,**  
**24th, 31st Mar 2021**  
**Course ID 420**

**Dads play an important role in a child's life. This FREE ONLINE COURSE will help you be the Dad you want to be!**

**Over 6 weekly sessions, fathers and male carers of children aged 0-19 will be supported to:**

- Increase confidence in your parenting.
- Develop your dad/child relationship, now and for the future.
- Improve listening and communication skills.
- Develop strategies for dealing with anger and conflict.
- Learn how to enforce boundaries.



**Full details on how to access and use Zoom will be offered.**

**ONLINE PARENTING COURSES DELIVERED TO YOUR HOME VIA ZOOM**

**OPEN TO PARENTS AND CARERS ACROSS HERTFORDSHIRE**

**Pre-booking essential**

**Please quote the course ID**

**To check eligibility and book a place, contact Supporting Links on:**

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**



These courses are provided free to parents by Hertfordshire County Council