

TALKING FAMILIES



Delivered online using Zoom

Wednesdays 9.45 - 11.15am Course ID: 832
06-May, 13-May, 20-May, 03-Jun, 10-Jun, 17-Jun 2026

Mondays 8.00 - 9.30pm Course ID: 833
01-Jun, 08-Jun, 15-Jun, 22-Jun, 29-Jun, 06-Jul 2026

6, weekly sessions for parents and carers of children under 12, sharing tips on how to:

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**
- **Develop a strong parent/child relationship now and for the future**

Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'Every parent should do this course! It has taught me so much about how to deal with family life.'

Booking essential
Please quote the course ID
To check eligibility and book a place, contact Supporting Links on:

07512 709 556

bookings@supportinglinks.co.uk

www.supportinglinks.co.uk

Funded by
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